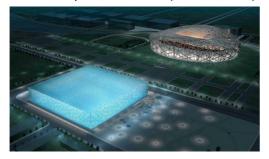






Asian Nutrition Society for Sport and Health 1st Annual Meeting 6th International Forum on Sports Nutrition Food Will cover broad disciplines related to sports, health and nutrition and will also integrate latest innovations Call for Abstracts and Papers Scientific and Clinical Cases Traditional Industry + Apps Internet + Apps

Visit <a href="www.anssh.org">www.anssh.org</a> for latest announcements and news. Beijing National Stadium (Birds' Nest) National Aquatics Center (Water Cube)



# Dear Colleague:

On behalf of International Scientific
Advisory Board of Asian Nutrition Society
of Sports and Health and Forum
Organizing Committee, I would like to
welcome all our members and guests to
come with us. And it is my honor to share
with you the up-to-date and state of art
academic studies and clinical cases for
The 1<sup>st</sup> ANSSH Conference and the 6<sup>th</sup>
IESNE Conference.

I strongly recommend that our generous investigators, fellow students, colleagues, clinicians to submit abstracts and papers to demonstrate the latest and top research in your expertise. It is an excellent time for experts in this field to gather and communicate freely with a global platform that has been built up by ANSSH.

We also hope that this meeting will transform the academic forum to a long-term platform to benefit education, clinical practice and industry globally.

Sincerely,

Zeyi Yang, M.D., PhD,

President of ANSSH

2016 Conference Committee Chair anssh@anssh.org



# The 1<sup>st</sup> Congress of Asian Nutrition Society for Sports and Health (The 6<sup>th</sup> Beijing International Forum on Sports Nutrition Food) Call for Papers and Abstract

International Forum on Sports Nutrition Food (IFSNF) was established twelve years ago and its conference has been hosted in Beijing every other year. It is regulated and affiliated with China Institute of Food Science and Technology (CIFST). IFSNF has not only built up its own reputations, but also made great contributions to the development of sports, nutrition, and healthy food industry. The 6<sup>th</sup> IFSNF will be held in Beijing 2016. Furthermore, the 1<sup>st</sup> Congress of Asian Nutrition Society for Sports and Health (ANSSH) will be held together with IFSNF. This time, we will have the largest and most valuable conference than ever. We have invited 26 leaders in this field both domestically and internationally with a theme of 'To establish a spacious health nutrition concept and create a new era of sports health nutrition industry'. We will provide the most up to date information in health and sports nutrition as well as introduce the future of these areas.

In order to reveal the latest achievements in health, sports, nutrition, food and all other sport science related research, as well as providing a platform for academic activities and facilitating the development of broad disciplines that covers sports industry, we would like to invite you to submit your recent

research for either an oral presentation or a poster.

# What will You Experience?

26 distinguished and frontier experts will present first hand sports science research, clinical cases and applications from broad disciplines during highlighted symposia.

Lecturers will come from different backgrounds with world recognized fame and reputations.

- Classical poster and oral presentations sessions for fellow students
- 2. Integrative and practicum sessions from bench-to-bedside
- Connect or reconnect with friends, prof., and colleagues
- 4. State-of-art exhibitions for featured investigators and sponsors
- Meet your future employees or employerAnd even more!

### **Important Dates and Deadlines**

May. 31, 2016	Deadline for abstracts and
	paper submission
Jul. 30, 2016	Accept/Reject Notifications
Aug. 31, 2016	Online Registration Deadline
Sept. 13-14,	ANSSH and IFSNF
2016	Conference

### **Need more Info? No Problem!**

Call at 0086-10-60730683
Email at anssh@anssh.org
Louishahn0522@gmail.com

### **International Registrants**

Please email us and we can provide you a



document that you may need to bring to your local Chinese Embassy. Please visit your local Chinese Embassy websites for specific documents you may need.

e.g. <a href="http://www.china-">http://www.china-</a>
embassy.org/eng/visas/hrsq/
<a href="http://ru.china-embassy.org/rus/">http://ru.china-embassy.org/rus/</a>
<a href="http://www.amb-chine.fr/fra/">http://www.amb-chine.fr/fra/</a>
<a href="http://www.china-botschaft.de/det/">http://www.china-botschaft.de/det/</a>
Etc.

International travelers should hold a valid passport and it is recommended to apply for Chinese VISA as soon as they begin to make the travel plan or prior to purchasing airline tickets.

## Topics (but not limited to)

- a. The Improvement of Physical Fitness and Health Status under both Local and Global Guidelines of Enhancing the Development of Sports Industry
- b. Health, Sports and Nutrition RelatedResearch, Innovation and Internet +
- c. The Development of Sports Nutrition and Health Industry under Advanced Technologies
- d. The Safety and Efficacy of Sports Nutrition and Healthy Food
- e. Sports Nutrition and Healthy Food Standards and Regulatory Approach Establishment with Market Supervision
- f. Clinical Cases

### **Rules for Submission**

a. The paper should be original and submitted by the first author or its corresponding author. b. Along with the paper, you should submit its abstract with words limited to 1k-1.2k or less that conveys the content of your paper.

- c. Each individual can submit multiple abstracts and papers. For those who submitted multiple abstracts and papers, they should list all the abstracts and papers as one zipped file.
- d. Abstracts and papers can be recommended for acceptance by having a Fellow of ANSSH (FANSSH) or from other recognized institution attest to the scientific, medical or educational of the work. (You have to provide the Fellow's name and email address when submitting) Abstracts received without Fellow endorsement will undergo a formal review. No matter if you have a recommendation letter from a FANSSH or not, final decision is made by Organizing Committee. Therefore, even though you have a FANSSH endorsement, it does not automatically means an acceptance. e. All the study should be novel. Abstract should not have been published as an abstract or as a full paper in a scientific journal at the time of submission. Abstract data may not be presented prior to the conference.
- f. Human studies must be ethical and regulated under local government policies on human experimentation statements. Animal studies must be regulated under certain animal experiments guidelines.
- g. Presenters may be employed, affiliated with, or have interest in commercial entities that may have a relevant bearing on the subject matter of an abstract/case presentation. The prospective audience must have full awareness of the affiliation/financial interest by an acknowledgment in the program, as well as acknowledgement in abstracts, papers, posters, and presentations.



If there is nothing to disclose, you may demonstrate as "no relationships reported." h. Presentations regarding commercial products should focus on basic or applied science. In addition, the format of the presentation must permit full discussion of the scientific validity and/or therapeutic benefits and risks of the discovery. The intent of this policy is not to prevent a speaker from making a presentation, but to identify any potential conflict of interest so that the listeners may form their own judgments about the presentation.

- i. Submission fee: Free of charge for the 1<sup>st</sup>
   ANSSH annual meeting.
- j. Abstract/poster presenters and lecturers must register online before Aug.31, 2016.
- k. Presenters who fail to provide an acceptable reason for not delivering an accepted paper/abstract/poster/presentation will be prohibited from future events. A written notification should be emailed to anssh@anssh.org.
- I. You will be notified electronically of the acceptance/rejection of your abstract Jul. 30, 2016. This notification will include the time of session/presentation as well as type of presentation if accepted. If you do not receive any information from us, email anssh@anssh.org in early Aug.
- m. The submitted paper or abstract should be in both File.pdf and Word.doc file type.
- n. Those who want their paper to be included on ANSSH conference journals, should set their page size as A4, formatting as single space with Margins set as Moderate (Top: 1", Bottom: 1", Left: 0.75", Right: 0.75") All documents should be written in English.

Character font should be set as Times New Roman (Regular) with size set as 10.

- o. Accepted abstracts will be published in conference journal. If including a table, chart or graph, text count can be accommodated to your graphic. Use your space wisely.
- p. Do not include brand names in the abstract, but please indicate all your source of funding at the bottom of the abstract if have one.

# **Abstract Writing Tips**

Characters' font of the entire abstract should be set as Times New Roman (Regular) with size set as 10.

**Title:** Title should be set as bold and briefly written (limited to 20 words).

Authors: The first and last names of all the authors should be indicated in the author block. Do not include degrees in the case of online search function may be affected. All the authors of a paper should be listed and centered right under the title. The email, communication address and any belonged institutions of the author should be listed at the bottom of the abstract.

**Sponsored Fellow Notation:** If a FANSSH sponsors your study without authoring or coauthoring the abstract, you will need to provide the Fellow's name and email address in your file.

**Text:** The abstract should include specific Purpose, Methods, Result, and Conclusion in these headings. If it is not appropriate to disclose some information at the time of submission, you can always use "XXX will be stated/discussed in the future".

**Keywords:** No more than 5 words.



For experimental, observational, and metaanalysis studies must include data to substantiate the specific conclusion that been made. Systematic reviews without metaanalysis may be acceptable according to the quality of research. It is not satisfactory to simply describe what was found or only include the statistical results. It is preferable to have some experimental data provided along with your abstract.

The Executive Committee will determine the methods of presentation based on submitters' preference indicated along with your abstract.

**SLIDES SHOW** 

Oral presentation is limited to 10 minutes followed by a 5 minutes Q&A session.

### **POSTER**

Scientific poster sessions will be available for viewing for 3-5 hours. The authors are required to be at the poster for 2 hours during the viewing time. The authors should design and format and print their posters by themselves. The committee is not responsible for providing printers at the conference.

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